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CHRISSY TEIGEN OPENS UP
The model's real talk about her postpartum depression. 6

Crunch Time: Boston athletes suck at picking friends. 12

Why self-help books don't work. 11

NOT A GOOD SIGN?

New building owners threaten to remove city's iconic Citgo sign. A survivor of the Boston Marathon bombing says don't do it. 4

GETTY IMAGES

TRUMP MAINTAINS CONFIDENCE IN COMEY

1 President Donald Trump still has confidence in FBI Director James Comey, the White House said on Monday, despite his assertiveness in challenging Trump's claim that the Obama administration wiretapped him during the 2016 election campaign. Federal Bureau of Investigation head Comey has asked the Justice Department to reject Trump's accusation that former President Barack Obama ordered a wiretap

at Trump Tower because the claim was false and must be corrected, a federal law enforcement official said. Asked whether Trump still had confidence in Comey, White House Spokesman Sean Spicer said, "There's nothing that I have been told by him that would lead me to believe that anything is different than what it was prior." REUTERS

TRANSGENDER STUDENT RULING TOSSED OUT

2 The U.S. Supreme Court on Monday scrapped plans to hear a major transgender rights case and threw out a lower court's ruling in favor of a transgender Virginia student after President Donald Trump rescinded a policy protecting such youths under federal law. The justices sent the case involving transgender high school student Gavin Grimm back to the same U.S. appeals court that last year ruled in Grimm's favor, with the dispute centering on a federal anti-discrimination law, a constitutional issue and the Trump administration's Feb. 22 action. The move was the latest legal fallout from Trump's extensive use of executive power in the opening weeks of his presidency and was at least a temporary setback for transgender rights. REUTERS

IRAN VESSEL CAUSES NAVY SHIP TO CHANGE COURSE

3 Multiple fast-attack vessels from the Iranian Revolutionary Guard Corps came close to a U.S. Navy ship in the Strait of Hormuz on Saturday, forcing it to change direction, a U.S. official told Reuters on Monday. The official, speaking on the condition of anonymity, said the IRGCN boats came within 600 yards of the USNS Invincible, a tracking ship, and stopped. The Invincible

USNS Invincible

was being accompanied by three ships from British Royal Navy and forced the formation to change course. The official said attempts were made to communicate over radio, but there was no response and the interaction was "unsafe and unprofessional." REUTERS

5 THINGS YOU NEED TO KNOW

SIERRA AIR

5 An Athlete makes a run during moguls training ahead of the FIS Freestyle Ski & Snowboard World Championships 2017 on Monday in Sierra Nevada, Spain. GETTY IMAGES

GM WILL LAY OFF 1,100 MICHIGAN WORKERS

4 General Motors Co. said it will lay off 1,100 workers in May at its Lansing Delta Township plant in Michigan as it shifts production to Tennessee. GM last year added 800 jobs at its Spring Hill, Tennessee plant to build a new version of the GMC Acadia. The Lansing plant will continue building the Buick Enclave and Chevrolet Traverse after it retools for a month, GM spokesman Tom Wickham said. GM has announced other factory cuts even after it said in January it would invest another $1 billion in U.S. factories. President Donald Trump has urged GM and other automakers to build more cars in the country to discourage the industry from investing in Mexico. GM has said the $1 billion investment would allow it to create or retain 1,500 U.S. jobs, but has not specified what jobs are impacted. REUTERS

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CRISTABELLE TUMOLA, WEB EDITOR

Everyone poops, but not everyone is supposed to poop pink. But that's what is reportedly happening to fans of the new limited-edition Oreo Peeps flavor. The cookie, which features a bright pink cream filling, is turning some people's poop, tongues and saliva pink, according to social media posts from consumers. An Oreo spokeswoman says it's common, but still, maybe stick to the original. **metro.us/viral**

PLAY TO WIN

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Every Monday, we pick a random winner from the participants who answered correctly one of the quizzes from the previous week. Congrats to last week's winner, **Dinorah Balthazar from New York City.**

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To survivor of Boston Marathon bombing, Citgo sign is iconic 'beacon'

As both a runner and a bombing survivor, seeing the sign is like coming home, Dave Fortier said.

KRISTIN TOUSSAINT
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The Citgo sign has been a part of Boston's skyline since 1965. CREATIVE COMMONS | Inset: Dave Fortier. PROVIDED

As Dave Fortier was running the 2013 Boston Marathon, he thought it would be the only time he would tackle those 26.2 miles. He wasn't planning on running Boston ever again — and then the bombs exploded.

Now, he's gearing up for his fifth Boston Marathon, but change for the city is once again on the horizon, literally, as the fate of the Citgo sign hangs in the balance.

Running Boston without being able to see the sign would change the entire the marathon experience for him, Fortier said.

"I've got certain landmarks I look for to get myself back to Boston," he said. "That sign is the biggest to me because it says I'm back. … It's like I'm home."

The Citgo sign has loomed above Kenmore Square since 1965. The blinking beacon has become synonymous with the city, but recently the building it sits atop, 660 Beacon St., was sold by Boston University to New York real estate company Related.

Related and Citgo are in the process of negotiating how much Citgo should pay in rent for its prime rooftop real estate. The lease is set to expire March 31, less than three weeks before the Boston Marathon.

Fortier isn't the only one who wants to save the sign. The Boston Preservation Alliance launched a Change.org petition months ago to get the sign landmark status — it has more than 10,000 signatures — and Mayor Marty Walsh recently said that he would support that designation, if Citgo and Related can reach an agreement.

"We remain in active, good-faith negotiations with Citgo and have offered them a long-term lease at significant discount to market, as determined by an independent, third-party appraisal," said a spokesperson from Related.

Though many in Boston would hate to see the Citgo sign go, Fortier wants people to know what it means specifically for runners, as a physical symbol of how far there is to go before the finish line and a harbinger of how far the city has come since the bombings.

Citgo was paying $250,000 to Boston University for the space. Related is seeking nearly 10 times that amount, according to a report in the Boston Globe. The mayor has agreed with Related that the $250,000 rate is far below the market rate for the location.

Fortier was on Boylston Street when the two bombs went off. He remembers a flash and the sudden heat — he suffered hearing loss in one ear and a shrapnel injury to his foot.

Fortier also remembers noticing the Citgo sign as he approached Kenmore Square, a marker of the one mile left he had to push through.

Fortier didn't realize how common this personal connection with the sign was for runners, until he co-founded Team 415 Strong, a running group for bombing survivors.

Many of those injured in the blasts were bystanders, not runners, and have migrated toward running as part of their healing process, Fortier said. Some of those survivors aren't yet ready to run a full marathon, but when they go on runs with the team, they still notice the sign.

"They say the same thing … it's a beacon," Fortier said. The team often ends their group runs at the Adidas Run Base on Boylston, not far from the real finish line. On those runs, he said, "You don't have the cheering crowd to motivate you, but you do have the sign."

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Chrissy Teigen talks postpartum depression in a powerful essay

Chrissy Teigen is famously an open book. But now, she's talking about something she's never talked about before: postpartum depression. In an essay for Glamour, the 31-year-old model talks about her ongoing battle with postpartum after the birth of her daughter, Luna. And it will give you all the feels. "I had everything I needed to be happy. And yet, for much of the last year, I felt unhappy," she writes. "What basically everyone around me — but me — knew up until December was this: I have postpartum depression."

Teigen took to Twitter after her essay came out to reassure everyone that despite writing about her struggles with depression and anxiety, she wants to be treated the same. "Please don't feel like you have to tiptoe around me!" she writes. "It is the most uncomfortable feeling ahhhh only downside to sharing PPD."

Bravo to Teigen for opening up about such an intensely personal, trying experience. Although it is pretty depressing to hear that being hot, rich and married to John Legend isn't enough to keep the sads away. There's definitely no hope for the rest of us plebians.

the word

RACHAEL CLEMMONS
rachael.clemmons@metro.us

ALL PHOTOS GETTY IMAGES

Barbra Streisand is stress eating thanks to Trump

Barbra Streisand is fed up, y'all. The icon took to Twitter to share her thoughts on our president. Namely, that Trump as president is making her stress eat.

"Donald Trump is making me gain weight," she writes. "I start the day with liquids, but after the morning news, I eat pancakes smothered in maple syrup!" Girl, same. Her tweet came after Trump made unsubstantiated claims that Obama wiretapped his phones during the presidential campaign. And Barbra is over it: "Trump just accused Obama of tapping his phones," she wrote. "Seriously crazy times. Time for more pancakes." This isn't the first time the 10-time Grammy winner has expressed her distaste for Trump: In January, she penned an essay titled "Clueless, Reckless, Graceless, Mindless and Heartless: Our President-Elect" for The Huffington Post. That sure is a lot of adjectives! Thank you, Babs, for being so damn relatable.

Who is Naomi Watts secretly dating?

There's a delightful rumor going around that Liam Neeson and Naomi Watts are dating, and I've never wanted anything more in my life. The story comes from The National Enquirer, which isn't the greatest or most reliable outlet, but a source says that they have a lot in common beyond the movie business. "Naomi and Liam are both single parents to two boys and they're both expats living in New York." That's enough for me! Watts, 48, split from her long-term partner, Liev Schreiber late last year. It was a bummer. Neeson, 64, was married to Natasha Richardson until her untimely, tragic death in 2009. A source has already denied the romance to Gossip Cop, saying "There is no 'dating' relationship here," but let's not allow a simple denial from a "trusted source" to kill our dreams. Right?

These musical yarns are makin' me thirsty

In an era of saxophone lead-ins, Jonathan Wolff's slap bass "Seinfeld" theme was a true original. In a career littered with well-known scores from some of TV's most popular sitcoms, it hardly stands alone.

This evening, pick the brain of an iconic composer—the man behind the music of over 75 prime-time network series, including "Seinfeld," "Will & Grace," and "King of Queens." Jonathan Wolff joins the M.I.T. Lecture series for "The Seinfeld Music Guy," an evening of masterful piano-playing, storytelling and Q&A.

Born in Kentucky, but boasting a prolific Hollywood career, Wolff divulges a rags-to-riches tale that lands somewhere between Dickensian and ideal-American. His insider knowledge of the Hollywood musical landscape is both inspiring and enlightening, and he's been known to leave audience members channeling their inner Oliver Twist—i.e., "Please sir, may I have some more … riveting stories?"

Those who will delight: Aspirant musicians, Costanza acolytes and Horatio Alger enthusiasts alike.

GORDON DONNELLY

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Halston Sage is no mean girl

The actress talks about playing a cruel high schooler in the YA movie "Before I Fall."

MATT PRIGGE
@mattprigge
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Halston Sage went to an all-girls high school, and she spent most of her time there working on the school newspaper, serving on student council and riding horses. So, her teen experience was very different from that of her character Lindsay in "Before I Fall," the confident but secretly troubled ringleader of a pack of mean girls. Her clique includes the film's protagonist, Zoey Deutch's Sam, who finds herself mysteriously living the same fateful day over and over again, "Groundhog Day" style.

Halston Sage, left, plays one of the besties of a high schooler (Zoey Deutch) who's forced to live the same day over and over again, "Groundhog Day" style, in "Before I Fall," now in theaters. AWESOMENESS FILMS

I'm imagining you weren't a mean girl in high school.

No. It was very therapeutic to be bossing people around all day. I'd get it out of my system without it actually reflecting on who I am as a person. [Laughs]

Despite this being based on a YA novel, I don't think the movie is strictly for young adults.

Even though it takes place in high school, it deals with very adult themes — questions we ask ourselves even after high school. Who do I want to be? What do I want people to remember me for? How do I want to treat people? What do I want to do with my time here? These questions are really important and really elevated when you're in high school, because at that age you think everything is so important and it's the end of the world. I'm 23, and I still feel that way. I could talk to my mom and she's still asking the same questions.

It's weirdly comforting when you realize adults don't know anything either.

Right! And there are still girls who are mean, but you realize they have more sides to them. That's the benefit of getting older: You don't see everyone in one way. They could be someone like my character, who's had something terrible happen in her life or is going through a rough time. You don't want to justify their behavior, but you want to understand them, give them a little more credit, rather than reducing them to one kind of person.

GETTY IMAGES

Back to school

Tell me what it's like playing a high schooler when you're 23.

One thing I loved was how authentic this was about high school life now. Everything is very consistent with how they live — how they dress, how they speak. You don't really see that in movies about high school. High schoolers are so much cooler now than when I was in school. They're cooler than me.

You've said YA fans actually contact you over social media. Is that a bit weird for you?

No, I think it's really sweet. If I was that age and I was able to talk to my favorite actress or send her a note online, I would have done it. Hopefully you can separate your anxieties about the negative side of social media and see it as more of a platform to reach out to people you admire or care about. Or you can talk about a cause that's important to you. That's the nice way of looking at social media.

The Sleepbox napping pod has arrived at Brooklyn Boulders in Somerville. INSTAGRAM/@ STACYKISSEL

The future of napping is here

Sleepbox brings their first U.S. pods to Somerville — of course.

HEATHER ALTERISIO
@ heathalt
heather.alterisio@metro.us

Finally, what you have all been waiting for: A place to nap in public now exists. You know, besides uncomfortably dozing off on the bus or subway after a long day in the cubicle. Even better: This method is legal, safe, Wi-Fi connected and, most importantly, cozy as can be.

Sleepbox, a startup that has created what it considers to be "sleep vending machines," has installed its first U.S. napping pod at Brooklyn Boulders in Somerville. Athletes at the rock climbing gym will be able to relax after a workout, revitalize with a nap and then maybe head on down the block to Aeronaut for a cold beer — ahh, bliss.

"It was just a design idea, but then it was published — it was actually published quite a few times — we started receiving requests and orders from all over the

world," Mikhail Krymov, CEO of the startup and now a research fellow at MIT, told BostInno.

Krymov and his business partner, Alexey Goryaniv, came up with the idea after their jobs had left them exhausted in airports with numerous flight delays and layovers. They sought a sanctum for sleep, a private space in the public sphere.

Since then, a casual concept has grown to about 60 sleep cabins in several locations across Europe. With Krymov now at MIT, Sleepbox aims to launch the "vending machine" concept in the U.S.

Each cabin features a table for (optional) work, electrical outlets and the always-necessary Wi-Fi. (We don't know about you, but we're totally in it for the nap, not work.) The price to use the pod at Brooklyn Boulders is included in your day pass or membership fee, and Sleepbox will soon expand to co-work space Canopy City, just next door, and the Cambridge Innovation Center.

Check out (and catch some z's in) the new Sleepbox yourself at Brooklyn Boulders, 12A Tyler St., Somerville.

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THIS WEEK'S OBSESSIONS

What our style editor, Tina Chadha, is loving.

Sometimes you want to dress like a grownup, and these high-waisted pants (one of the season's big trends) are both elegant and cool. Aritzia Wilfred Rocaille Pant, **$110, aritzia.com**

Nili Lotan's dreamy silk Lillie skirt makes a strong case for winter white. **$595, nililotan.com**

Hurry up and get on the waitlist for these embellished jeans. I did. Zara High Rise Jeans With Pearl Beads, **$69.90, zara.com**

Madewell pink coverall jumpsuit, **$148, madewell.com**

ALL PHOTOS PROVIDED

A.P.C. Truck jumpsuit, **$385, usonline.apc.fr**

Trending: Coveralls

Forget the farm — the chicest workwear is coming out of the garage. The latest incarnation in the jumpsuit trend is taking on a more utilitarian vibe with roomy coveralls. Who says fashion can't mean function?

TINA CHADHA

Rebecca Taylor Mia floral jumpsuit, **$495, rebeccataylor.com**

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Double tap

What's that flooding your social-media feeds? It's Glossier's latest launch, Cloud Paint — which debuted on the Oscars red carpet on the cheeks of Chrissy Teigen and Reese Witherspoon. The cream-gel blush — packaged in adorable 10ml tubes a la an actual tube of acrylic paint — are creamy, lightweight and glide on easily when tap-tap-tapped along the cheekbone. The shades we tried — Dusk and Haze — provide a natural flush when layered, and the formula allows for enough dry-time to blend the color before it stains. Fingers are an ideal applicator, mashing droplets of the product into custom hues before blending up the cheekbone, just like they do on Instagram.

RACHEL RACZKA

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Self-help books may do more harm than good

wellbeing

In his new book, "Stand Firm: Resisting the Self-Improvement Craze," Danish psychologist Svend Brinkmann discusses the pitfalls of the self-help industry. ISTOCK

Svend Brinkmann, author of "Stand Firm: Resisting the Self-Improvement Craze," discusses why that is.

LUZ LANCHEROS
MWN
letters@metro.us

Self-help books are a billion-dollar business, but do they actually help? In his new book "Stand Firm: Resisting the Self-Improvement Craze," out this month, Danish psychologist Svend Brinkmann argues that self-help literature can actually cause anxiety problems, encourage narcissism and lead to depression in readers. We spoke with Brinkmann about why the genre ultimately fails and why folks would actually do better to read novels instead.

If self-help books don't work, why is there a boom of new literature on this topic every year?
The fact that hundreds of these books are published every year is proof that they don't work! If one self-help book was written that really did work, then we would not need all the others. These books simply sell the illusion to the reader that he or she can be in control of his or her destiny and achieve happiness, health and success. It's a very individualist idea that leaves the individual alone with the responsibility whenever he or she fails in achieving these things.

Why do people keep buying self-help books?
They buy them because if we cannot change society, then we can change ourselves — that seems to be the idea. But this is a source of despair. Progress in society has always come from collective and political action. Not from individuals who work on their own lives to "get in touch with their inner feelings" or something like that.

Do self-help books actually lead to more problems?
As I see it, the real problem lies in a society that is becoming more and more individualistic. Self-help books are just a symptom of that problem, because they tell the reader that they can fix their own problems without the need for community. People become unhappy when they can not live up to the expectations found in these books, and they blame themselves.

What are some of the specific problems self-help books could cause?
Narcissism, because many these books instruct the reader in how to love oneself; despair, because it is often impossible to fulfill one's dreams; and depression when one becomes exhausted from constant self-optimization and personal development.

So, self-help book essentially have a placebo effect?
Yes, that is a good way of putting it. Sometimes they even function as a "nocebo" effect, actually making people worse off than they were before. I am not saying that no self-help book ever helps. Studies show that some people can benefit from some of these books. But like medicine, they can have adverse side effects — of self-blame and mental exhaustion.

What about self-help coaches?
A coach like Anthony Robbins (author of "Unleash the Power Within") says that we should aim for "constant and never-ending improvement" which means that people should always be on the move and can never be good enough — that is a dangerous message to sell to people. Also, he says: "Success is doing what you want to do, when you want, where you want, with whom you want, as much as you want." This, actually, is completely empty, because it doesn't address what one wants! What if one wants something unethical? Coaching is an individualist practice with little ethical awareness, and for that reason it is too thin as a life philosophy.

PROVIDED

Not all self-help books have easy formulas. Could any of them work?
I would rather people threw them away and began to talk more with their friends instead. Better to read novels than self-help books. Novels depict all the messy trouble that is part of human life, and that is actually quite consoling.

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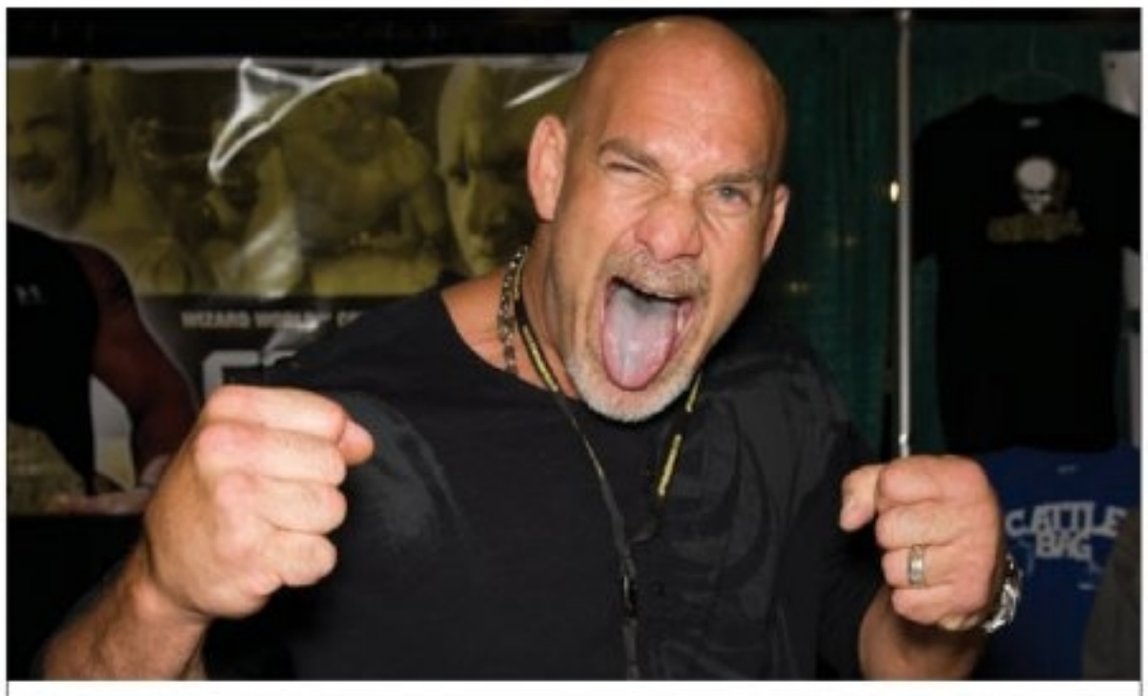


OLD-BERG

One of the great things about pro wrestling is that unlike real sports, you're never too old to compete. Hulk Hogan, at age 63, is still not officially retired. Ric Flair, who resembled my grandmother as far back as 1991, had his "retirement match" at the age of 59. Vince McMahon was falling off of steel cages in his 60s, and on Sunday night, 50-year-old Bill Goldberg won the WWE Universal Championship.

Goldberg is a guy who hasn't been mainstream since 1998, when he appeared on the cover of TV Guide (yes, TV f'n Guide!). It's been 18 years or so since Goldberg was relevant but that didn't stop the WWE from trying to milk a few extra dollars out of a guy who was born when Lyndon Johnson was president.

It's just a shame this couldn't happen in real sports. Who wouldn't want to see Michael Jordan unretire for the 10th time and see if he could post-up LeBron?

MAN VS. WOLF

Recently retired NFL running back Arian Foster believes he could beat up a wolf.

On Sunday, Foster tweeted out, "Wanna go camping, but 'wildlife' scares the s— out of me … I honestly think I can get a wolf 1 on 1 tho."

When his Twitter audience disagreed, saying that most wolves would be able to rip apart most 30-year-old men with bad knees, Foster came out firing — insulting the wolf species over and over again.

"I've studied the wolf," Foster tweeted. "He can't read. I know his weaknesses. Plus the thumb thing.

"If he bites me his main weapon is immobilized. Then he becomes vulnerable.

This is why thumbs are so important.

"Thumbs mean I can grab him. He can't grab me. All he has is a mouth. Grab his neck and he can't bite.

"Also, [the wolf] hasn't been to 4 probowls, overcome those injuries and DOESN'T HAVE THUMBS. Advantage me, f—er."

YOUR FRIEND IS A DINK

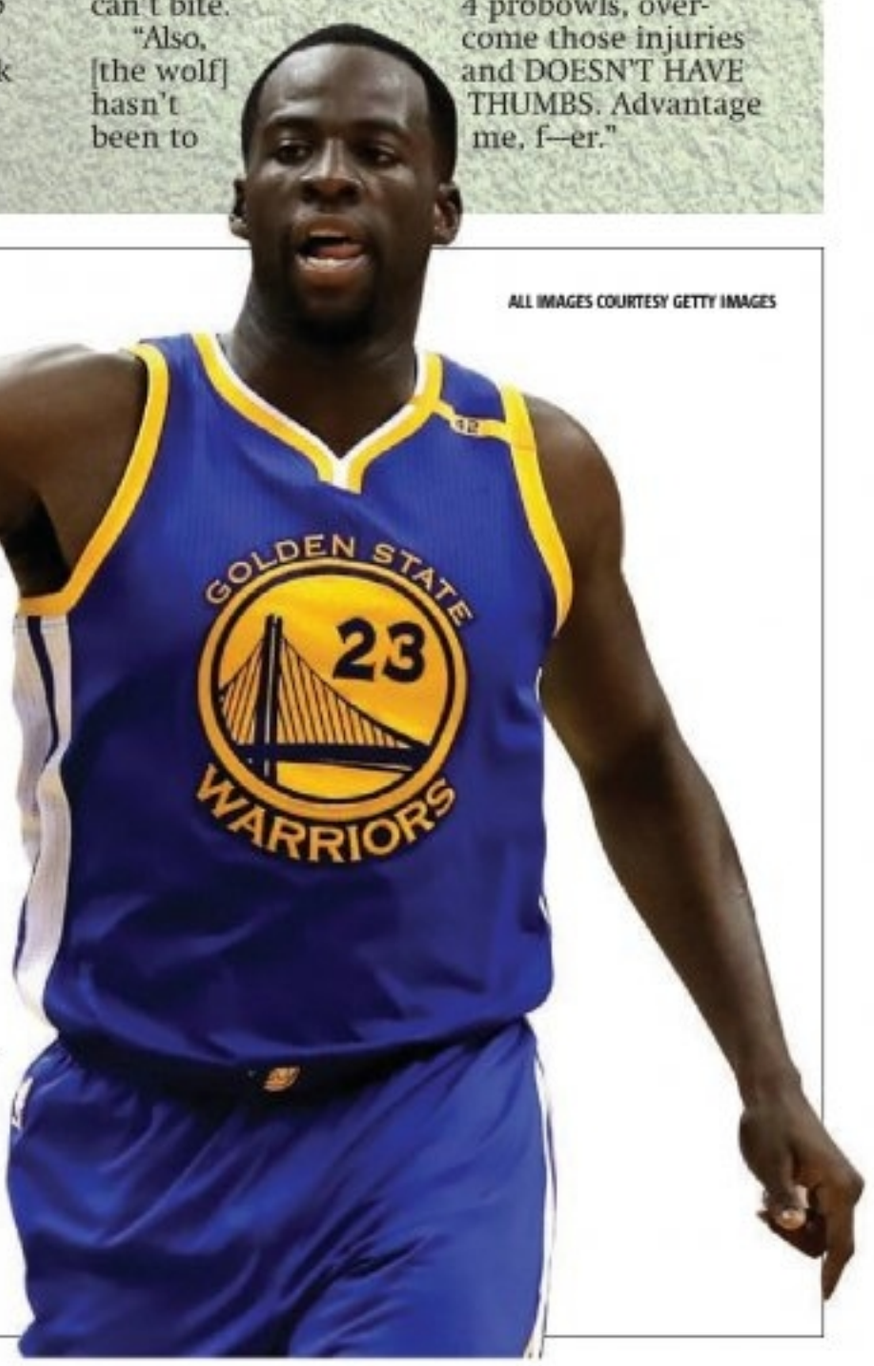
The top athletes in Boston suck at picking friends. Everyone knows that the three most important people in the Patriots organization (Bob Kraft, Bill Belichick and Tom Brady) are buddy-buddy with the current president of the United States — who enjoys bragging about grabbing women's hoo haas upon meeting them.

And then there's the Celtics' Isaiah Thomas, who is also tight with someone who has an ugly history with women.

Floyd Mayweather has been arrested or cited for violence seven times against five women (according to a 2015 Boston Globe article). That is one gross statistic.

Now, it's not anyone's job to tell a grown person who to be friends with. I'm just saying it's a bad look for Isaiah and the Celtics to basically have Mayweather as Boston's version of Jack Nicholson or Spike Lee in the No. 1 celebrity fan role.

NOT-SO-SILENT PROTEST



ALL IMAGES COURTESY GETTY IMAGES

Draymond Green disrespected Paul Pierce by telling him the following: "Chasing that farewell tour, they don't love you like that. … You thought you was Kobe."

On Sunday, Green said that Madison Square Garden's decision to not blare music during on court play and during each and every stoppage in play during the first half of the Warriors-Knicks game was "disrespectful," "pathetic" and "trash." (God forbid the full focus be on the game.) I get that Green and every other player is used to hearing the meaningless "Duh ... Duh ... DEFENSE!" thing every other trip down the floor and they never tire of The Black Eyed Peas' "Tonight's gonna be a good night" during timeouts. But to call this idea "disrespectful?" Talk about a friggin' overreaction.

www.metro.us

Do you have a child feeling depressed or down?

If you have a child between the ages of 13-18 who is feeling down, depressed or experiences little pleasure, you may qualify to participate in this research study. Your child can earn up to $330 and receive free therapy.

Researchers at McLean Hospital are investigating factors that put individuals at risk for symptoms of depression.

For more information, please contact Lindsay at (617) 855-4195. or via email lmappleman@mclean.harvard.edu

Forsyth

The Forsyth Institute (Kendall Square)

245 First Street Cambridge, MA 02142

(Entrance at 1 Athenaeum Street)

A NEW DENTAL STUDY IS SEEKING PARTICIPANTS

28 DAY MOUTH RINSE DENTAL RESEARCH STUDY

Individuals 18-65 years old are asked to join a 28-day study of a new rinse that may reduce gum inflammation/bleeding.

- Weekly visits for 1 month and a follow-up phone call at 3 months
- Subjects must be non-smokers
- $350 compensation

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617.892.8600

or Email: clinicaltrialsinfo@forsyth.org

I Live My Life in 90 Minute Chunks

Overactive bladder (OAB) can be incredibly distressing. But different age groups react in different ways to medications. So it's important to find out what medications work best for who and why. For example, the PILLAR clinical study will look at how a medication approved to treat OAB symptoms affects people with OAB who are **greater or equal to 65 years old.**

Study-related medications will be provided free of charge. Contact our understanding study team today for a confidential, no-obligation chat.

Bay State Clinical Trials, Inc.
521 Mount Auburn Street, Suite 200 Watertown, MA 02472

617-923-0328

Bladder Pain

urinary urgency, and/or frequency?

LEADERSHIP 301

a research study for Interstitial Cystitis/Bladder Pain Syndrome may be right for you

Interstitial cystitis, also known as bladder pain syndrome (IC/BPS), is a bladder disease with symptoms that include, bladder pain, urinary urgency (feeling a strong need to urinate), and urinary frequency (having to urinate often).

Living with IC/BPS can be challenging. There is currently no cure for IC/BPS, and effective treatment options are limited.

The **LEADERSHIP 301** Trial is a clinical research study evaluating an investigational drug to see if it will reduce the bladder pain of IC/BPS and relieve other symptoms such as urinary frequency. The study drug is a new type of medication that may help reduce inflammation in the bladder.

You may qualify if you:

- Are between the ages of 18 and 80
- Have been diagnosed with IC/BPS for at least 3-months
- Consistently experience bladder pain and frequent, urgent trips to the bathroom

Qualified participants will receive study drug and all study-related care at no charge.

To learn more about participating in this study:

Call BAY STATE CLINICAL TRIALS, INC. AT 617-923-0328

MEDICAL RESEARCH

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Do you need Memory Aid?

The **MemAID** research study evaluates potential long-term benefits of insulin sprayed into the nose on memory, gait and blood flow in the brain (not affecting blood sugar) as compared to placebo in older adults 50-85 years old.

- Group 1: type 2 diabetes mellitus
- Group 2: controls without major health problems

Six-month treatment and six-moth follow-up requires (12 visits).
The sub-study includes continuous glucose monitoring and/or MRI.

Stipend: up to $1,000 for completing the study.

If interested, please call:
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safelab@bidmc.harvard.edu

Beth Israel Deaconess Medical Center

Have you been trauma exposed OR have Chronic Pain and Posttraumatic Stress Disorder (PTSD)?

Progressive Exercise Training Program for Chronic Pain and PTSD

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PARTICIPANTS ARE INVOLVED IN A 3-MONTH PROGRESSIVE EXERCISE TRAINING PROGRAM.

UP TO $990.00 REIMBURSEMENT FOR FULL PARTICIPATION IN THE STUDY.

For Information, Call (857) 364-5568

FIND YOUR STRENGTH

DO YOU HAVE OSTEOARTHRITIS OF THE KNEE?

SRH Institutional Review Board
APPROVAL Effective Date

This research study investigates whether a type of non-invasive brain stimulation called Transcranial Direct Current Stimulation (tDCS) combined with Transcranial Ultrasound (TUS) can improve the symptoms caused by Osteoarthritis (OA) of the knee.

This research study requires 16 visits over 11 weeks to Spaulding Rehabilitation Hospital Network in Charlestown, MA.

Requirements

- Have had pain of either knee in the past 6 months
- Are between 18-85 years old

Earn $25 per visit for your participation.

For more information, please contact the Neuromodulation Center
Phone at **617.952.6153** Email: **jgaboury@partners.org.**

SPAULDING NEUROMODULATION CENTER
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www.spauldingrehab.org

Do you have leg pain from a herniated disc?

The Translational Pain Research Program at Brigham and Women's Hospital is seeking individuals who have lumbar radiculopathy, a type of pain associated with herniated discs (sometimes called "sciatica"), to participate in a research study.

Volunteers who qualify for the study will be reimbursed for their time and travel to and from BWH.

For more information please call
617-525-7246 (PAIN)
or e-mail PainTrials@partners.org

BWH BRIGHAM AND WOMEN'S HOSPITAL

Are You Depressed and *Not* in Treatment?

The Department of Psychiatry at Brigham and Women's Hospital is conducting a research study of novel therapies to help people with depression. Eligible participants will receive compensation, psychiatric evaluations, and all study medications.

For more information, reach us at:
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Do you frequently have cold sores?

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MASSACHUSETTS GENERAL HOSPITAL

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Aviation Customer Service positions available!

G2 Secure Staff, the leading service provider to the airlines is hiring $12.00 per hour positions at Logan International Airport. Early morning shifts start between 3:00 am and 4:00 am and late night shifts go until 2:00 am. are currently in demand.

Apply online at **www.g2securestaff.com.** If you qualify you will be contacted for an interview.

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LEGAL NOTICES

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by **Peter Drakulich** to Mortgage Electronic Registration Systems, inc., as nominee for NE Moves Mortgage, LLC dated March 9, 2007, registered at the Middlesex County (Southern District) Registry District of the Land Court as Document No. 1437140, affected by a Mortgage Modification Agreement dated August 21, 2015, registered as Document No. 1720054 and noted on Certificate of Title No. 238919; said mortgage was then assigned to Massachusetts Housing Finance Agency by virtue of an assignment dated February 18, 2009, and registered as Document No. 1494648; of which mortgage the undersigned is the present holder for breach of conditions of said mortgage and for the purpose of foreclosing the same will be sold at PUBLIC AUCTION at 10:00 AM on **March 22, 2017**, on the mortgaged premises. This property has the address of 117 Spoonhill Avenue, Marlborough, MA 01752. The entire mortgaged premises, all and singular, the premises as described in said mortgage:

The land on the southerly side of Spoonhill Avenue in Marlborough, Middlesex County, Massachusetts, together with the buildings thereon, shown as Lot 8 on a plan entitled "Plan of Land in Marlboro, MA,. owned by Gertrude C. Bristol, May 28, 1960 Raymond Engineering Service, 110 Houghton Street, Hudson, MA," which plan is registered with said Land Registration Office as Plan No. 6759 E in Book 936, plan 109, with Certificate No. 161259, to which plan reference may be made for a more particular description of said Lot 8. Lot 8 contains 100,317 square feet of land according to said plan. For our title see deed recorded herewith #1437139

Subject to and with the benefit of easements, reservation, restrictions, and taking of record, if any, insofar as the same are now in force and applicable. In the event of any typographical error set forth herein in the legal description of the premises, the description as set forth and contained in the mortgage shall control by reference. Together with all the improvements now or hereafter erected on the property and all easements, rights, appurtenances, rents, royalties, mineral, oil and gas rights and profits, water rights and stock and all fixtures now or hereafter a part of the property. All replacements and additions shall also be covered by this sale.

TERMS OF SALE:

Said premises will be sold subject to any and all unpaid taxes and assessments, tax sales, tax titles and other municipal liens and water or sewer liens and State or County transfer fees, if any there are, and TEN THOUSAND DOLLARS ($10,000.00) in cashier's or certified check will be required to be paid by the purchaser at the time and place of the sale as a deposit and the balance in cashier's or certified check will be due in thirty (30) days, at the offices of Doonan, Graves & Longoria, LLC, ("DG&L"), time being of the essence. The Mortgagee reserves the right to postpone the sale to a later date by public proclamation at the time and date appointed for the sale and to further postpone at any adjourned sale-date by public proclamation at the time and date appointed for the adjourned sale date. The premises is to be sold subject to and with the benefit of all easements, restrictions, leases, tenancies, and rights of possession, building and zoning laws, encumbrances, condominium liens, if any and all other claim in the nature of liens, if any there be.

In the event that the successful bidder at the foreclosure sale shall default in purchasing the within described property according to the terms of this Notice of Sale and/or the terms of the Memorandum of Sale executed at the time of foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder, providing that said second highest bidder shall deposit with the Mortgagee's attorneys, the amount of the required deposit as set forth herein. If the second highest bidder declines to purchase the within described property, the Mortgagee reserves the right to purchase the within described property at the amount bid by the second highest bidder. The foreclosure deed and the consideration paid by the successful bidder shall be held in escrow by DG&L, (hereinafter called the "Escrow Agent") until the deed shall be released from escrow to the successful bidder at the same time as the consideration is released to the Mortgagee, whereupon all obligations of the Escrow Agent shall be deemed to have been properly fulfilled and the Escrow Agent shall be discharged.

Other terms, if any, to be announced at the sale.

Dated: February 21, 2017
Massachusetts Housing Finance Agency
By its Attorney
DOONAN, GRAVES & LONGORIA, LLC,
100 Cummings Center Suite 225D Beverly, MA 01915
(978) 921-2670 • www.dgandl.com
10000.09 (DRAKULICH)

2/28/17, 3/7/17, 3/14/17

COMMONWEALTH OF MASSACHUSETTS
(SEAL) **LAND COURT** **16 SM 012049**
DEPARTMENT OF THE TRIAL COURT

ORDER OF NOTICE

TO: **Heirs, Devisees and Legal Representatives of the Estate of Hertisene M. Floyd; Freda Spann; Joyce Berman; Patricia White; William Floyd; Walter Floyd; Aloah Floyd** and to all persons entitled to the benefit of the Servicemembers Civil Relief Act:, 50 U.S.C.c. 50 §3901 *(et seq):*

Wells Fargo Bank, N.A. successor by merger to Wachovia Bank, N.A., successor by merger Wachovia Mortgage FSB, f/k/a World Savings Bank, FSB claiming to have an interest in a Mortgage covering real property in **Boston (Mattapan),** numbered **678 Walk Hill Street,** given by **Hertisene M. Floyd** to **World Savings Bank, FSB,** dated **November 18, 2005,** and recorded with the **Suffolk County Registry of Deeds** in Book **38543,** Page **203,** has/have filed with this court a complaint for determination of Defendant's/Defendants' Servicemembers status.

If you now are, or recently have been, in the active military service of the United States of America, then you may be entitled to the benefits of the Servicemembers Civil Relief Act. If you object to a foreclosure of the above-mentioned property on that basis, then you or your attorney must file a written appearance and answer in this court at **Three Pemberton Square, Boston, MA 02108** on or before **April 3, 2017** or you will be forever barred from claiming that you are entitled to the benefits of said Act.

Witness, JUDITH C. CUTLER Chief Justice of this Court on February 27, 2017
Attest:

Deborah J. Patterson
Recorder
(15-009461 OM)

3/7/17

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NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by **Gregory A. Schille, Jayne M. Schille** to Mortgage Electronic Registration Systems, Inc. as nominee for First Franklin A Division of National City Bank dated October 16, 2006, recorded at the Middlesex County (Northern District) Registry of Deeds in Book 20616, Page 227; said mortgage was then assigned to U. S. Bank, National Association, as successor trustee to Bank of America, N.A. as successor by merger to LaSalle Bank N.A., as Trustee for First Franklin Mortgage Loan Trust, Mortgage Loan Asset-Backed Certificates Series 2007-FF1 by virtue of an assignment dated December 17, 2009, and recorded in Book 23641, Page 187; of which mortgage the undersigned is the present holder for breach of conditions of said mortgage and for the purpose of foreclosing the same will be sold at PUBLIC AUCTION at 12:00 PM on **March 29, 2017**, on the mortgaged premises. This property has the address of 120 Meadowbrook Road, North Chelmsford, MA 01863. The entire mortgaged premises, all and singular, the premises as described in said mortgage:

A certain parcel of land with the buildings thereon situated in Chelmsford, Middlesex County, Massachusetts, and shown as Lot 13 on Plan entitled, "Plan of Land in Chelmsford, Mass., April 17, 1954, C.J. Kitson, Surveyor, " which plan is recorded with Middlesex North District Registry of Deeds, Plan Book 84, Plan 187A, bounded and described as follows: SOUTHWESTERLY: by Twiss Road and Crooked Spring Road, 100 feet, more or less; SOUTHEASTERLY: by Lot 14 on said plan (being land now or formerly of Charles T. Peers et ux), 215 feet; NORTHEASTERLY: by land now or formerly of Rose M. Buxton, 38 feet; and NORTHWESTERLY: by land now or formerly of George R. Hayden et ux, 251.3 feet, more or less. Containing 15,000 square feet of land, more or less. Twiss Road is now known as Meadowbrook Road. The aforesaid mentioned premises are conveyed subject to any easements, conditions, reservations, restrictions, of record and the terms of any zoning ordinances insofar as any of the same may be in force and applicable to said premises. For right of title see deed of Susan M. Clark dated August 19, 1996 and recorded with the Middlesex County Registry of Deeds at Book 8178, Page 52.

Subject to and with the benefit of easements, reservation, restrictions, and taking of record, if any, insofar as the same are now in force and applicable. In the event of any typographical error set forth herein in the legal description of the premises, the description as set forth and contained in the mortgage shall control by reference. Together with all the improvements now or hereafter erected on the property and all easements, rights, appurtenances, rents, royalties, mineral, oil and gas rights and profits, water rights and stock and all fixtures now or hereafter a part of the property. All replacements and additions shall also be covered by this sale.

TERMS OF SALE: Said premises will be sold subject to any and all unpaid taxes and assessments, tax sales, tax titles and other municipal liens and water or sewer liens and State or County transfer fees, if any there are, and TEN THOUSAND DOLLARS ($10,000.00) in cashier's or certified check will be required to be paid by the purchaser at the time and place of the sale as a deposit and the balance in cashier's or certified check will be due in thirty (30) days, at the offices of Doonan, Graves & Longoria, LLC, ("DG&L"), time being of the essence. The Mortgagee reserves the right to postpone the sale to a later date by public proclamation at the time and date appointed for the sale and to further postpone at any adjourned sale-date by public proclamation at the time and date appointed for the adjourned sale date. The premises is to be sold subject to and with the benefit of all easements, restrictions, leases, tenancies, and rights of possession, building and zoning laws, encumbrances, condominium liens, if any and all other claim in the nature of liens, if any there be.

In the event that the successful bidder at the foreclosure sale shall default in purchasing the within described property according to the terms of this Notice of Sale and/or the terms of the Memorandum of Sale executed at the time of foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder, providing that said second highest bidder shall deposit with the Mortgagee's attorneys, the amount of the required deposit as set forth herein. If the second highest bidder declines to purchase the within described property, the Mortgagee reserves the right to purchase the within described property at the amount bid by the second highest bidder. The foreclosure deed and the consideration paid by the successful bidder shall be held in escrow by DG&L, (hereinafter called the "Escrow Agent") until the deed shall be released from escrow to the successful bidder at the same time as the consideration is released to the Mortgagee, whereupon all obligations of the Escrow Agent shall be deemed to have been properly fulfilled and the Escrow Agent shall be discharged.

Other terms, if any, to be announced at the sale.

Dated: February 23, 2017
U. S. Bank, National Association, as successor trustee to Bank of America,
N. A. as successor by merger to LaSalle Bank N. A.,
as Trustee for First Franklin Mortgage Loan Trust,
Mortgage Loan Asset-Backed Certificates Series 2007-FF1
By its Attorney DOONAN, GRAVES & LONGORIA, LLC,
100 Cummings Center Suite 225D Beverly, MA 01915
(978) 921-2670 • www.dgandl.com
52671 (SCHILLE)

2/28/17, 3/7/17, 3/14/17

NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by **John E. Quigley, Amber Quigley** to Mortgage Electronic Registration Systems, Inc. as nominee for Superior Mortgage Corporation dated February 21, 2006, recorded at the Essex County (Southern District) Registry of Deeds in Book 25420, Page 241; said mortgage was then assigned to Nationstar Mortgage LLC by virtue of an assignment dated June 8, 2011, and recorded in Book 30493, Page 39; of which mortgage the undersigned is the present holder for breach of conditions of said mortgage and for the purpose of foreclosing the same will be sold at PUBLIC AUCTION at 10:00 AM **March 16, 2017**, on the mortgaged premises. This property has the address of 30 Warehouse Lane, Rowley, MA 01969. The entire mortgaged premises, all and singular, the premises as described in said mortgage:

The land with the buildings thereon situated on Warehouse Lane in Rowley, Essex County, Massachusetts, bounded and described as follows: SOUTHERLY by Warehouse Lane, about seventy-five and 25/10 (75.25') feet; WESTERLY by land now or formerly of Swenson, about two hundred and ninety-one (291.00') feet; NORTHERLY by land now or formerly of Day and of Carter, about seventy-one and 25/100 (71.25') feet; and EASTERLY by land now or formerly Of said Carter, about two hundred and ninety-one (291.00') feet. The mortgagor(s) expressly reserve my/our rights of Homestead and do not wish to terminate my/our Homestead by granting the within conveyance notwithstanding my/our waiver of such homestead in paragraph 24 of the within mortgage. However, the mortgagor(s) herein hereby expressly subordinate any and all such Homestead rights to the foregoing mortgage. Meaning and intending to convey and hereby conveying the same premises conveyed to me/us by deed dated 06/24/2004 and recorded with Essex South Registry of Deeds in Book 23863, Page 169.

Subject to and with the benefit of easements, reservation, restrictions, and taking of record, if any, insofar as the same are now in force and applicable. In the event of any typographical error set forth herein in the legal description of the premises, the description as set forth and contained in the mortgage shall control by reference. Together with all the improvements now or hereafter erected on the property and all easements, rights, appurtenances, rents, royalties, mineral, oil and gas rights and profits, water rights and stock and all fixtures now or hereafter a part of the property. All replacements and additions shall also be covered by this sale.

TERMS OF SALE:

Said premises will be sold subject to any and all unpaid taxes and assessments, tax sales, tax titles and other municipal liens and water or sewer liens and State or County transfer fees, if any there are, and TEN THOUSAND DOLLARS ($10,000.00) in cashier's or certified check will be required to be paid by the purchaser at the time and place of the sale as a deposit and the balance in cashier's or certified check will be due in thirty (30) days, at the offices of Doonan, Graves & Longoria, LLC, ("DG&L"), time being of the essence. The Mortgagee reserves the right to postpone the sale to a later date by public proclamation at the time and date appointed for the sale and to further postpone at any adjourned sale-date by public proclamation at the time and date appointed for the adjourned sale date. The premises is to be sold subject to and with the benefit of all easements, restrictions, leases, tenancies, and rights of possession, building and zoning laws, encumbrances, condominium liens, if any and all other claim in the nature of liens, if any there be.

In the event that the successful bidder at the foreclosure sale shall default in purchasing the within described property according to the terms of this Notice of Sale and/or the terms of the Memorandum of Sale executed at the time of foreclosure, the Mortgagee reserves the right to sell the property by foreclosure deed to the second highest bidder, providing that said second highest bidder shall deposit with the Mortgagee's attorneys, the amount of the required deposit as set forth herein. If the second highest bidder declines to purchase the within described property, the Mortgagee reserves the right to purchase the within described property at the amount bid by the second highest bidder. The foreclosure deed and the consideration paid by the successful bidder shall be held in escrow by DG&L, (hereinafter called the "Escrow Agent") until the deed shall be released from escrow to the successful bidder at the same time as the consideration is released to the Mortgagee, whereupon all obligations of the Escrow Agent shall be deemed to have been properly fulfilled and the Escrow Agent shall be discharged. Other terms, if any, to be announced at the sale.

Dated: February 15, 2017
Nationstar Mortgage LLC
By its Attorney
DOONAN, GRAVES & LONGORIA, LLC,
100 Cummings Center,
Suite 225D Beverly, MA 01915
(978) 921-2670 • www.dgandl.com
51152 (QUIGLEY)

2/21/17, 2/26/17, 3/7/17

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NOTICE OF MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by **Robert W. Jackson** to Washington Mutual Bank, FA dated May 19, 2006, recorded at the Middlesex County (Southern District) Registry of Deeds in Book 47505, Page 352; said mortgage was then assigned to JPMorgan Chase Bank, National Association by virtue of an assignment dated August 19, 2013, and recorded in Book 62500, Page 244; and further assigned to U.S. Bank Trust, N.A., as Trustee for LSF9 Master Participation Trust by virtue of an assignment dated August 11, 2015, and recorded in Book 66396, Page 85; of which mortgage the undersigned is the present holder for breach of conditions of said mortgage and for the purpose of foreclosing the same will be sold at PUBLIC AUCTION at 11:00 AM on **March 22, 2017**, on the mortgaged premises. This property has the address of 20 Cherokee Road, Acton, MA 01720. The entire mortgaged premises, all and singular, the premises as described in said mortgage:

A certain parcel of land, together with the buildings thereon, situated on Cherokee Road in Acton, Middlesex County, Massachusetts; and being shown as Lot #18 containing 20,160 square feet of land more or less, as shown on a plan of land in Acton, Mass. Owned by Lawrence Nichols, dated March 2, 1959, J.W. Moore, inc., Reg. Land Surveyors and recorded in Middlesex South District Deeds, Book 9402, Page 66; and to which Plan reference may be had for a more particular description of said premises. Being the same premises conveyed to the Mortgagor herein by Deed dated February 24, 1989 and recorded in Book 19667, Page 149 and by Deed dated September 21, 1999 and recorded in Book 30709, Page 428.

Subject to and with the benefit of easements, reservation, restrictions, and taking of record, if any, insofar as the same are now in force and applicable. In the event of any typographical error set forth herein in the legal description of the premises, the description as set forth and contained in the mortgage shall control by reference. Together with all the improvements now or hereafter erected on the property and all easements, rights, appurtenances, rents, royalties, mineral, oil and gas rights and profits, water rights and stock and all fixtures now or hereafter a part of the property. All replacements and additions shall also be covered by this sale.

TERMS OF SALE: Said premises will be sold subject to any and all unpaid taxes and assessments, tax sales, tax titles and other municipal liens and water or sewer liens and State or County transfer fees, if any there are, and TEN THOUSAND DOLLARS ($10,000.00) in cashier's or certified check will be required to be paid by the purchaser at the time and place of the sale as a deposit and the balance in cashier's or certified check will be due in thirty (30) days, at the offices of Doonan, Graves & Longoria, LLC, ("DG&L"), time being of the essence. The Mortgagee reserves the right to postpone the sale to a later date by public proclamation at the time and date appointed for the sale and to further postpone at any adjourned sale-date by public proclamation at the time and date appointed for the adjourned sale date. The premises is to be sold subject to and with the benefit of all easements, restrictions, leases, tenancies, and rights of possession, building and zoning laws, encumbrances, condominium liens, if any and all other claim in the nature of liens, if any there be.

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Dated: February 21, 2017 U.S. Bank Trust, N.A.,
as Trustee for LSF9 Master Participation Trust
By its Attorney
DOONAN, GRAVES & LONGORIA, LLC,
100 Cummings Center Suite 225D, Beverly, MA 01915
(978) 921-2670 • www.dgandl.com
53316 (JACKSON)

2/28/17, 3/7/17, 3/14/17

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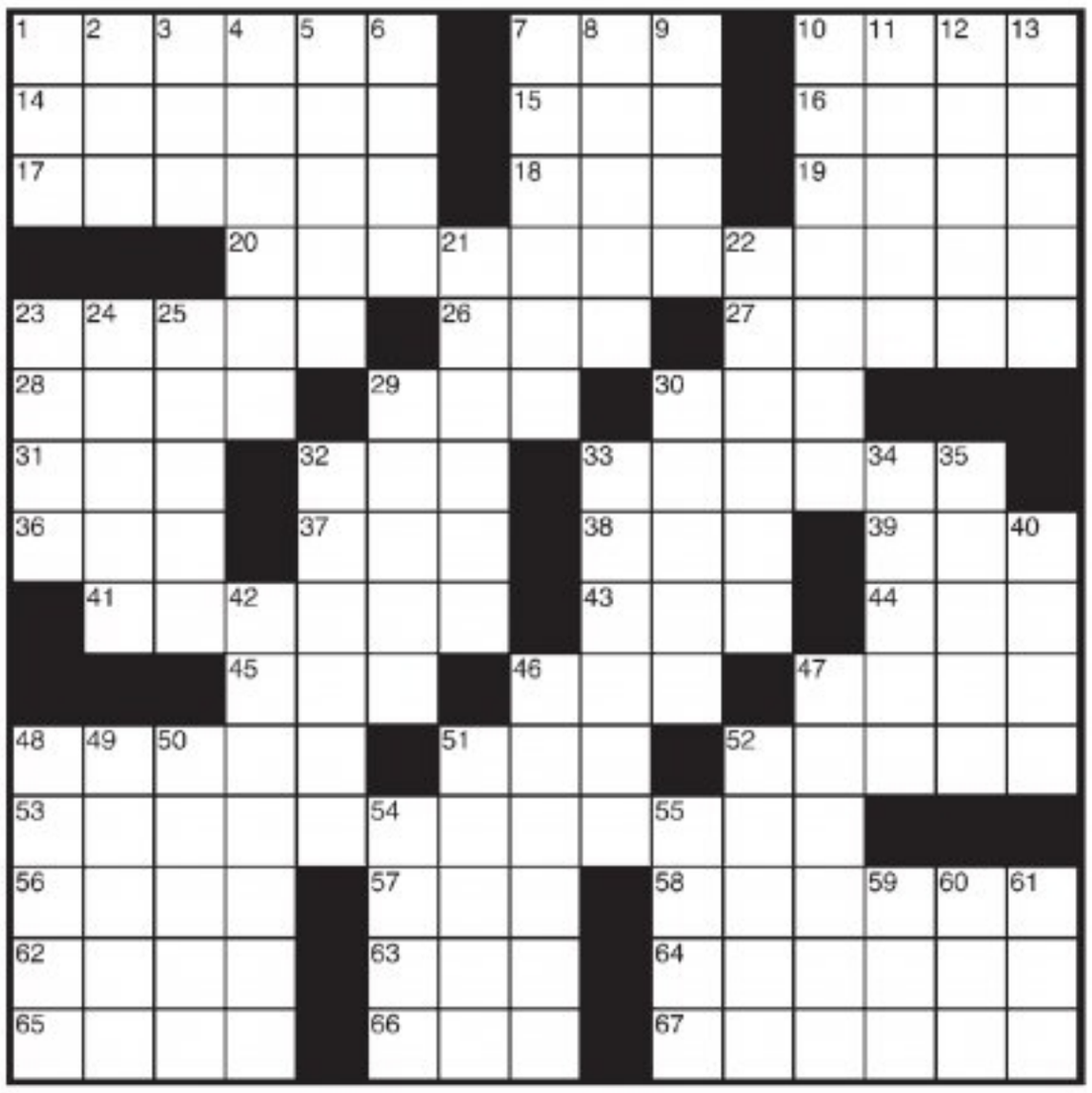

Across
1 Reduces by 50%
7 Potato st.
10 Dr.'s visit
14 Microscopic animal
15 Hosp. scan
16 Wyo. neighbor
17 Filet --
18 Water lily leaf
19 Peal of thunder
20 500-mile race locale
23 Imagine
26 Sgt.
27 Corroded
28 Shrink's reply (2 wds.)
29 Quit stalling
30 Extended family
31 Clean-air gp.
32 To and --
33 Outdone
36 In good shape
37 Banking convenience
38 On the --
39 Less than one
41 Rough-textured
43 Lgth. units
44 -- Paulo, Brazil
45 Take a crack at
46 Veld grazer
47 Fish in cans
48 Major artery
51 Plant sci.
52 Out in front
53 Famed story teller
56 Dilute
57 Set of tools
58 Made a profit
62 Tear apart
63 Navigator's dir.
64 Went along with
65 Galena and bauxite
66 Scottish river
67 Luxurious hotel

Down
1 Grocery buy
2 French friend
3 Daily record
4 Canal city
5 Piano-key wood
6 Pearl starter
7 Collision
8 Pipe unclogger
9 Verdi opera
10 Write-up
11 Voting place
12 Braid
13 -- -turvy
21 Tax form item
22 Light benders
23 Feudal estate
24 Meat jelly
25 "Really cool!"
29 -- -craftsy
30 Reeves of "Speed"
32 Ms. Fawcett
33 Filled pancake
34 Follow
35 Goddess of the hunt
40 Take on cargo
42 Puts in an appearance
46 Pointed beard
47 Those people's
48 Texas player
49 Yellow pigment
50 Lorelei's river
51 Salt water
52 "Time is money," e.g.
54 Used sparingly
55 Petri-dish contents
59 Opposite of "paleo"
60 Constantly, to Poe
61 Banned bug spray

metro.us/sudoku

easy

		2		8			6	5
			9	7			8	
				3	2		7	
			3					6
	5	8	4		7	1	3	
1					5			
	1		7	6				
	8			5	9			
7	2			4		3		

hard

					6	4		
			4			2		
6		5	3			9		8
2					8	7	9	4
9								2
7	8	4	5					6
4		8			3	6		1
		6			5			
		9	1					

metro.us/horoscopes

Aries Listen to emotional pleas when dealing with domestic issues. If someone isn't happy, you need to do your best to find solutions that suit everyone involved.

Taurus Share your concerns as well as your findings and possible solutions. Working in conjunction with others will be more impressive than trying to take charge.

Gemini An emotional incident at work or with someone you thought you could rely on will fester. Be frank about the way you feel before it affects your productivity.

Cancer Aim for advancement when it comes to work and your reputation, and take control of your life. Don't give in to bullies or people who are bad influences.

Leo Don't divulge secret information about you or anyone else. Focus on self-improvement and learning all you can to ensure that you are up to date with the latest trends.

Virgo Rely on your intuition when it comes to investments, joint ventures or other people's affairs. Ask questions and take action based on facts, not assumptions.

Libra Keep your life and everything you do simple, affordable and respectful of the people around you. Tolerance and diplomacy are encouraged.

Scorpio Share your thoughts and ask questions. Getting along with people who can make your life easier will help you get a firm hold on your financial future.

Sagittarius Refrain from sharing personal data. Someone will be looking for a way to coerce you into spending money or revealing secret information. Protect your assets.

Capricorn Limitations will set in if you don't abide by the rules or show detailed accounts of your transactions. Be strict and rigorous regarding a pending deal.

Aquarius Don't overspend on personal items that seem too good to be true. Be smart and choose to put your energy into getting fit and eating well.

Pisces Explore your creative dreams and express the way you feel and what you want to pursue. Take control instead of letting someone else rule your world. EUGENIA LAST

Yesterday's answers

A	L	E	C	■	D	E	C	O	R	■	T	H	U	R
S	O	L	O	■	A	P	A	R	T	■	R	I	S	E
P	A	L	L	■	M	I	S	B	E	H	A	V	E	D
S	M	E	L	T	■	L	E	S	■	A	V	E	R	S
■	■	■	A	U	T	O	S	■	A	G	E	■	■	■
■	A	I	R	B	A	G	■	U	N	A	L	I	K	E
T	H	R	E	A	D	■	O	M	A	R	■	N	E	A
H	O	E	D	■	P	O	L	A	R	■	P	U	P	S
I	O	N	■	M	O	D	E	■	C	H	E	R	I	E
S	T	E	R	I	L	E	■	C	H	I	D	E	S	■
■	■	■	A	D	E	■	T	O	Y	E	D	■	■	■
S	L	U	N	G	■	A	R	E	■	S	L	A	B	S
C	A	N	T	E	R	B	U	R	Y	■	I	R	A	N
A	I	D	E	■	N	I	E	C	E	■	N	I	N	A
T	R	O	D	■	S	T	R	E	W	■	G	A	S	P

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Sunday, March 26

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Sunday, April 9	**WUMB Presents Lori McKenna**
Thursday, April 20	**Del & Dawg**
Thursday, April 27	**Melissa Etheridge**
Friday, April 28	**The Branfort Marsalis Quartet with Special Guest Kurt Elling**
Wednesday, May 24	**An Evening with David Crosby & Friends**
Sunday, June 11	**Herman's Hermits starring Peter Noone**